NEWSI ETTER

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MARCH 2025

MEDICINE SPRING LIBRARY: EXPANDING ACCESS. CREATIVITY, AND CULTURAL PRESERVATION

Medicine Spring Library at Blackfeet Community College is proud to be part of the newly formed SUN (Sharing Up North) Sharing Group, a collaboration with Glacier County Public Libraries in Cut Bank and Browning. Since February 4, this partnership has expanded access to over 53,000 shared materials, providing even more resources for students and community members.

Beyond books, the library offers a range of services designed to support learning and creativity. Visitors can reserve private study pods and a conference room through the library's website, use the sound booth with recording equipment, or take advantage of sewing machines for craft projects.

The library is also a hub for hands-on activities. Every Friday, Craft Fridays welcome quests to bring their own projects or use supplies provided by the library. Throughout the year, the library hosts a variety of engaging programs, including its highly anticipated Spring Art Show, which will showcase the creativity of local artists-so stay tuned for more details!

At the heart of the Medicine Spring Library is its nationally recognized archive system, which has received awards for its dedication to preserving knowledge and culture. It stands as a testament to the library's mission of ensuring that Blackfeet history and traditions remain accessible for future generations.

To stay up to date with events, programs, and new opportunities, be sure to follow the Medicine Spring Library Facebook page-there's always something exciting happening!

BFCC BEGINS CASTING FOR THE COLLEGE TOUR EPISODE

We are thrilled to announce that casting has begun for our upcoming feature on The College Tour, set to film on campus in April 2025! This exciting series, available on Amazon Prime, Roku, Tubi, and more, showcases colleges across the nation through the voices of their students

We've already received some incredible auditions and are eager to select students who will share their powerful stories, highlighting what makes BFCC such a unique and inspiring place. This national platform will give viewers a firsthand look at our vibrant campus, rich culture, and the life-changing opportunities available here.

We can't wait to see BFCC in the spotlight and share the heart of our college with the world! Stay tuned for more updates as we prepare for this incredible opportunity.

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MELISA TROMBLEY 2025 STUDENT OF THE YEAR

We are proud to announce Melisa Trombley as Blackfeet Community College's 2025 Student of the Year!

A Business major and student intern for the Multimedia Communications Department, Melisa has played a key role in enhancing student outreach and community engagement through her artistic talents. She has contributed to recording BFCC events, assisting with productions, and promoting college programs to strengthen campus involvement.

As a non-traditional student, Melisa has overcome many challenges

and continues to strive for her goals. Her leadership and passion for the arts have helped create more student-centered activities and deepen community connections. Melisa exemplifies the pride of BFCC, and we know she will represent both the college and the Blackfeet Nation with excellence as our 2025 AIHEC Student of the Year.



BFCC STUDENTS SET TO COMPETE AND CONNECT AT AIHEC 2025 IN RAPID CITY

Our students are gearing up for an exciting trip to the American Indian Higher Education Consortium (AIHEC). Where our students will compete against tribal colleges from across the country. Our team will depart for Rapid City on March 7th, ready to showcase their skills in archery, knowledge bowl, business bowl, poetry, one-act play, film, art, speech, science posters, and stick game.

To honor our students before they embark on this journey, we will hold a send-off on Friday, March 7, 2025, at 10:00 AM. The Willow Creek Singers will be there to offer their songs, Dr. Hall and Dr. Rains will share some inspirational words, and an elder will lead us in prayer for a safe and successful trip.

AIHEC is more than just a competition-it's an opportunity to highlight Indigenous excellence, connect with peers, and grow both academically and culturally. Our students have been training hard, and this event allows them to put their knowledge and skills to the test while representing BFCC on a national stage.

For students or future students interested in competing next year, now is the perfect time to start preparing. To learn more, contact Elaine Littleplume at elaine.lp@bfcc.edu.

We look forward to cheering on our students as they take on the AIHEC challenge and make BFCC proud!

OUR GRADUATION POWWOW RETURNS: HONORING ACHIEVEMENT AND RESILIENCE

We are excited to bring back our Graduation Powwow on May 16th, a celebration of the dedication, resilience, and achievements of our graduates. "BFCC Honoring Achievement: A Powwow of Resilience and Celebration" is our way of uplifting our students and sharing this milestone with the community.

Vendor Information

- Food Vendors: Student discount \$25.00 / Regular \$50.00 per table
- Health/food handling certification and payment must be submitted between May 5-9 to Treyace Yellow Owl
- Retail Vendors: \$40.00 per table

If you or your organization would like to donate or sponsor an event, please reach out to Treyace Yellow Owl at 18 revace. yo@bfcc.edu. This is a time for all of us to come together, celebrate our graduates, and honor the strength of our community. We look forward to celebrating with you!

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STUDY SMART: TIPS FOR MIDTERM SUCCESS

Midterms can be stressful, but with the right approach, you can stay focused and perform your best. Here are some tips to help you prepare:

Plan Ahead - Create a study schedule and break your material into manageable sections. Cramming the night before can lead to burnout and forgetfulness.

Use Active Study Techniques - Summarize notes in your own words, create flashcards, or teach the material to a friend. Engaging with the content helps retention.

Take Breaks - Short breaks between study sessions can improve focus and prevent mental fatigue. Try the Pomodoro Technique: 25 minutes of studying, followed by a 5-minute break.

^{2^z} Get Enough Rest - A good night's sleep is crucial for memory and concentration. Avoid all-nighters and prioritize quality rest.

Stay Hydrated & Eat Well - Fuel your brain with nutritious snacks, drink plenty of water, and avoid excessive caffeine or sugary drinks.

Form a Study Group – Studying with others can provide reactivities and power strategies of the reactivities of the state of the stat

motivation and new perspectives on the material. Just make sure to stay on task!

[•] Use Campus Resources - BFCC offers quiet study spaces, tutoring, and helpful library services. Take advantage of these resources to boost your learning.

Remember, preparation is key! Stay organized, take care of yourself, and give it your best effort. You've got this! 67

BFCC WRITING CENTER: YOUR GO-TO RESOURCE FOR ACADEMIC SUCCESS

Struggling to get started on a paper? Need help organizing your thoughts or polishing your final draft? The BFCC Writing Center is here to support you at every stage of the writing process. Whether you're stuck on brainstorming, researching credible sources, structuring your essay, or fine-tuning grammar and formatting, our team is ready to assist. We provide guidance on MLA and APA formatting, editing and revision strategies, and even help with scholarship essays, resumes, cover letters, grant proposals, and professional emails.

Writing is always stronger with a second set of eyes, and we're here to help reduce the stress of academic writing. Don't wait until the last minute—reach out and take advantage of this valuable resource.

Contact Information:

Holli Galbreath-Henkel, Liberal Arts Administrative Assistant holli.g@bfcc.edu | (406) 338-5441 Ext. 2286

Gordon Bennett, Liberal Arts Instructor gordon.b@bfcc.edu | (406) 338-5441 Ext. 2235

Sabine Bridgette, Liberal Arts Instructor/Writing Center Coordinator sabine.b@bfcc.edu | (406) 338-5441 Ext. 2286

FEBRUARY BLACKFEET WORDS OF THE MONTH

- WOLF MAKOYI
- I LOVE YOU KITSIKAKOMIM
- BEAVER KSISSKSTAKI
- EAT OOYIT

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RELAX AND RECHARGE: FREE MASSAGES FOR STUDENTS & STAFF AT BFCC

We are excited to introduce a new course in Massage Therapy, offering students the opportunity to explore the art and science of therapeutic touch. Taught by Gordon Bennett, this course teaches essential chair massage techniques to relieve tension, reduce stress, and promote relaxation.

To celebrate the launch, massage students will be offering free 15minute chair massages for students and faculty in the BFCC Commons on Tuesday and Thursday of midterms week from 11:30 AM – 1:00 PM.

Throughout the course, students will gain hands-on experience in anatomy, energy flow, and the profound effects of skilled touch on both physical and emotional well-being. More than just technical skills, this class teaches the art of connection, fostering an understanding of how touch can create trust, comfort, and healing. With this new offering, we continue to expand its holistic health and wellness education, providing students with valuable skills that can be applied professionally or personally. Whether you're interested in learning massage techniques or just looking to relax during midterms, this is a great opportunity to experience the transformative power of touch!





IMPORTANT DATES!

- MARCH 10TH-14TH: MIDTERMS
- MARCH 17TH-21ST: SPRING BREAK (BFCC CLOSED)

MARCH 26TH: ELDER LUNCH - EAGLE SHIELDS - 11:30AM - 2:00PM ONGOING ACTIVITIES

- TUESDAYS: SOUP TUESDAY KNOWLEDGE CARRIERS ROOM
- WEDNESDAYS: CRAFT WEDNESDAYS KNOWLEDGE CARRIERS ROOM 2:00PM 4:00PM
- FRIDAYS: CRAFT FRIDAYS MEDICINE SPRING LIBRARY ALL DAY